

Grassroots mission teams – Health Questionnaire

8 Meadow Way, Rowledge, Farnham, Surrey GU10 4DY | 01252 792387 | admin@grassroots.org.uk | UK Reg Charity 1060034

We are delighted that you want to join Grassroots team on an overseas mission trip. However, we are aware that the climate, culture, pace and a person's general health do sometimes make a trip like this very difficult. We would therefore be grateful if you would complete this form and return it to the office. We will then check with the team doctor before confirming you have a place on the team.

Personal Details:

FULL NAME

TRIP APPLIED FOR

YEAR

- 1. We often have to climb in and out of trucks, travel on bumpy roads and walk up to 2 miles. Do you have any problem with mobility?**
- 2. Do you have any allergies or diet requirements/requests? (We cannot guarantee to provide vegetarian/other diets whilst overseas.)**
If yes, please give details
- 3. Are you taking any regular medication?**
If yes, please give details
- 4. Do you have any history of suffering from depression?**
If yes, please give details
- 5. Due to cultural reasons alcohol and smoking are not permitted on this trip. Will you have a problem with this?**
- 6. Do you have any phobias?**
If yes, please give details
- 7. Is there any other information you think we should know?**
(Continue on back of paper or contact the Grassroots office if necessary.)

Please give details of your next of kin so we can contact them in an emergency

Name

Address

Phone

Mobile

Email

Please return this original form with the attached reference form to the Grassroots Trust Office by post or email.

