



Hello L&G. Thank you for stopping. As you can see, I read intellectual books. Can anyone tell me which of the Mr Men this is.... Yes ... If you didn't hear that L&G I will put his name up on the board. Look at the red bits and I will mould them with my black paint brush...

MR RUSH

Yes... Mr Rush. And I'm sure you agree with me... looking at you.... That Mr Rush reminds me of you and me. We rush around as if there were no tomorrow, don't we? I wonder when you were last able to put your feet up and relax. For many life is a rat....

RACE

It's a rat race out there. A race which often seems to move at uncontrollable speed, with so many competitors. So fast that if we are not careful we do not have time for people Particularly the people we love... or love us ... and that results in LONELY people... depressed people. Suicide is on the increase in every region of the British Isles; ulcers popping out all over the place; the only growth industry is divorce. Network rail wants "The train to take the strain" If only they would! Actually scientists tell us that one of the greatest forms of stress in daily life is waiting for trains. So in our rush to bag a seat (even on Holiday) where is the finishing line?

You look intelligent people L&G. Can anybody tell me what Hampton Court is famous for? ... anyone?.... Yes... I'll write it here...

MAZE

It's an amazing place. ... Just like life.... Mazes are easy to get into. It's later it gets confusing.. With all the twists and turns and blind alleys. For example, when we are born we go straight into the centre of everyone's attention. I bet, like most babies, you had chubby little cheeks, chubby little legs, and as people tickled you under the chin going, "cuchy, cuchy coo" you would blow raspberries... at both ends. We didn't need to worry about being fed, watered, paying tax or any of the creature comforts in life.. even changing our nappies! But as we grow up we have to take responsibility. We soon discover that we do have change our own nappies ... And very messy they can be too. Often we are left shouting or crying in a pool of tears... "Stop the world I want to get off " It would appear we know everything about life except how to live it. One thing I'm sure we all want is this....

REST

When I say rest, I don't mean being Idle. The last thing any of us wants is to be unemployed. When I say rest, I mean rest from meaningless activity. Many years ago a great prophet said, "Come to me all you who are weary and burdened and I will give you rest for your souls." The problem in our souls is that we each have a disease..... "I" disease ...Sin.. barrier between us and the one who can give us rest inside Solution is PREACH



But Jesus didn't stay dead. He rose. And even after he rose from the dead he didn't go rushing about, because he now knew he'd won. Victory always makes you slow down. He wants to give you this victory over the circumstances of life and the raging demons within you. All you have to do is....

TURN

Turn from the excuses that always say you are too busy to let yourself get to know God. Turn to Jesus, ask him to fill you with peace. I have a leaflet here....